



Virginia Chamber of Commerce Work-Based Learning Spotlight

Company Name:

Lumos

Please provide a brief overview about your company:

Lumos provides 100% Fiber Optic Internet, whole-Home Wi-Fi, voice and streaming services, to more than 250,000 homes and businesses across North Carolina, Virginia and, recently announced, South Carolina footprint. We believe that the possibilities of tomorrow cannot be built on the infrastructure of yesterday. That's why we're building a 100% Fiber Optic network from the ground up for families, small businesses and communities, backed by local, expert customer service. An Internet built for that most hopeful of all things – the future. Because whatever the future holds, we make it faster. Learn more at www.LumosFiber.com.

Please provide a brief summary about your company's internship/apprenticeship/returnship program(s):

As 2023 was the inaugural year for our summer internship program, interns had the opportunity to be a part of the rapid fiber expansion Lumos is leading right now! We're currently reaching more than 250,000 residential and business properties in North Carolina and Virginia, extending across more than 5,000 miles of fiber cable. Our interns worked alongside individuals coming together to provide under-served communities with fiber technology built from the ground up across a super-region of 11 states. Each of our interns had meaningful duties in support of our various functions to support our continued growth.

What is something that is interesting or innovative about your internship/apprenticeship/returnship program that you would want colleges/high school students to know about?

Employees across all departments, from interns to our CEO, demonstrate Lumos' commitment to the places where we live and work; we care about more than just making a profit. We know

that through our technology, communities can pursue new economic development opportunities like never before, and our internships strive to provide students with meaningful opportunities to serve the neighborhoods and communities Lumos is expanding into. Lumos is an employer of choice that is big enough to make a lasting impact in the region, but small enough to care for each of its people.

What kinds of work assignments are interns/apprentices responsible for at your company?

Interns play a role in providing communities with technology they've never had access to before. As the first fiber provider for the homes and businesses in the areas we are expanding to, Lumos will improve residents' quality of life. Our ambition is to get families, communities, and businesses ready for the future.

Interns work with the future of technology. Fiber internet is cutting-edge technology that can deliver 385 times faster upload speeds and 30 times faster download speeds compared to traditional cable, critical for today's technology and unlimited capacity for what tomorrow's needs may be. Lumos is building a 100% Fiber Optic Network built for the next 50 years, not the last 50.

As an intern you'll be exposed to all things Lumos: from learning about engineering work, to policy action in how Lumos is working alongside our government partners to provide affordable, and most importantly, reliable, internet to families across the country, to the business side of a rapidly expanding company. As an intern with Lumos, we are providing the opportunity to experience multiple different jobs in one.

Our 2023 Summer Interns worked with the following departments: Market Development, Outside Plant, Human Resources, Customer Experience/Sales and CAD (Computer Aided Design). They also were able to meet our senior leadership and present final projects which is an opportunity not all interns and employees have.

For 2024 summer internship opportunities, keep an eye on this site: [Job Search - Career Portal \(dayforcehcm.com\)](https://dayforcehcm.com)

If another company wanted to start an internship/apprenticeship/returnship program, what words of advice would you share with them?

Plan and recruit early and utilize the resources at Virginia Talent & Opportunity Partnership and Virginia Career Works.

Contact person and information (for those who want to reach out to you to talk about your program):

Catherine Mosley, cat.mosley@lumosfiber.com, 434-942-5750