



KAISER PERMANENTE®
Summer Youth Internship

Weekly Reflections

Week 1: [dates]

What new information or skills did you learn this week?
Have you made progress on your goals? If yes, how? If not, what are your plans to make progress next week?
Describe a memorable experience during your workday (positive or negative) from this week.

Week 2: [dates]

What new information or skills did you learn this week?
Have you made progress on your goals? If yes, how? If not, what are your plans to make progress next week?
Describe a memorable experience during your workday (positive or negative) from this week.

Week 3: [dates]

What new information or skills did you learn this week?
Have you made progress on your goals? If yes, how? If not, what are your plans to make progress next week?
Describe a memorable experience during your workday (positive or negative) from this week.

Week 4: [dates]

What new information or skills did you learn this week?

Have you made progress on your goals? If yes, how? If not, what are your plans to make progress next week?

Describe a memorable experience during your workday (positive or negative) from this week.

Week 5: [dates]

What new information or skills did you learn this week?

Have you made progress on your goals? If yes, how? If not, what are your plans to make progress next week?

Describe a memorable experience during your workday (positive or negative) from this week.

Week 6: [dates]

What new information or skills did you learn this week?

Have you made progress on your goals? If yes, how? If not, what are your plans to make progress next week?

Describe a memorable experience during your workday (positive or negative) from this week.